

Western Branch August - September 2005 News Little League

REGISTER NOW FOR FALL SOFTBALL!

Interested in Fall Softball? The fall season games will be played on Saturdays from September 17 through November 5. Teams will be formed in early September.

To register, you can:

1. Send in the attached application form with your check to:
WBLL, P.O. Box 9784, Chesapeake, VA 23321, or
2. Download copies of the form at www.wbll.org and mail them in, or
3. Register in person at the times indicated below.
 - Saturday, August 20 at Western Branch Community Center on Portsmouth Boulevard from 10 a.m. to 2 p.m.
 - Saturday, August 27 at the WBLL Fields at Western Branch High School from 9 a.m. to 2 p.m.
 - Thursday, September 1 at Russell Memorial Library on Taylor Road from 6:30 p.m. to 8:45 p.m.



Registration fee is \$35. Remember, after the second child in the family, registration for other children is free! Who is eligible to play? All girls who will be league age 5-16 (age as of 12/31/2005), are eligible. For Fall Ball, individuals living outside ZIP code 23321 MAY register. New players (new to WBLL) must bring a copy of their birth certificate.

Do you have friends who might be interested in fast pitch softball? Please help us to pass on the word to others in our area! *Thanks!*



Western Branch Little League
League ID: 346-06-02
P.O. Box 9784
Chesapeake, VA 23321



www.wbll.org

being a part of their daughters' softball experience. Thanks!

KEY DATES

- **Saturday, August 20: Registration, Western Branch Community Center, 10 a.m. – 2 p.m.**
- **Saturday, August 27: Registration, WBLL Fields at WBHS, 9 a.m. – 2 p.m. AND FIELD DAY 9 a.m. -**
- **Thursday, September 1: Registration, Russell Memorial Library, 6:30 – 8:45 p.m.**
- **Saturday, September 10: Start practices**
- **Saturday, September 17: Games start**
- **Sunday, September 25: Annual membership meeting, Russell Memorial Library, 2 p.m.**
- **Saturday, November 5: Last games - Annual Fall Ball Picnic**

NEWSLETTER SUGGESTIONS

If you have any suggestions or comments about the newsletter, please contact Deb Anderson at casadecdl@cox.net or 483-0234.

DO YOU STILL HAVE WBLL UNIFORMS AT YOUR HOUSE?

Some players have not yet returned their spring or All Star uniform. If YOU have uniforms at your house, please contact Carol White at 465-2438 or carolwhite56@cox.net.

ALL STARS!

Congratulations to all of our All Star players, managers, and coaches for a great job! Thanks

go to all our families and WBLL friends for their support. Our 9/10 All Stars won district and headed to the State Tournament in St. Paul, VA (*see story below*)! Our juniors put forth a gallant effort and came in 2nd place in the district. Our seniors and majors played hard but it just wasn't in the cards for them ... hopefully next year.



9/10 ALL STARS AT STATE!

From Greg Robinson, Manager of our 9/10 team...
I want to let everyone know what a wonderful time we had at the state tournament and how proud I was of the girls. They are all winners and are all awesome ball players. Also, a **BIG THANK YOU** to all the parents for supporting the team and league with our fundraising and sponsors. I appreciate all of their input and help with the All Stars. It was a great time for me and a great learning experience. I enjoyed

Congratulations to All Stars

Especially the 9/10 parents!

As the Treasurer of Western Branch Little League I would like to congratulate and thank all those who played and helped to support the 4 All Star teams from WBLL.

This year the 9/10 players did a great job and won the District VI Tournament. Their families did an equally fantastic job in fundraising to support the players when they went to St. Paul for the state tournament. As you may or may not know WBLL needs the participants in All Stars to fundraise to try and cover the costs of All Star participation.

This year the cost of 9/10 All Star team to travel was \$2,778.91. The parents and players raised \$3,317.00. The difference will be used to help purchase the \$500.00 in sponsor signs for the new sponsors that they brought in, and \$100.00 towards their team party. The signs will be hung on the fences as our way of saying thanks to all of them.

I don't like to single out any one contributor since all are important, but Western Branch Athletic Club made a \$300.00 contribution towards our 9/10 All Star team and other families in the league who did not have players on the team or even family members in the league any longer also contributed.

The money that was raised through the Zap a Snack sales covered the \$300.00 cost of tournament entry fees and the \$366.73 in umpires and ball fees incurred as part of the tournament. If we tried to cover the cost of the All Star Tournaments in our registration fees, the cost would have been an additional \$20.51 per player in the league at all levels from T-Ball to Seniors.

Chuck Anderson

August 27 - We need YOU!

What Goes on in the Off Season?

There really is no off season at Western Branch Little League, there are only the times the girls are playing and the times we are getting ready for them to play.

Since the end of the regular season the following has or will happen before Labor Day:

1. 4 All Star teams participated in the District tournament
2. The 9/10 team fundraised and went to the state tournament when they won the District 6 championship.
3. The fields will be cut once a week.
4. The board has set registration fees for Fall Ball
5. A contractor has been hired to disc and grade the fields before the Middle School and Fall Ball seasons start.
6. Dates for Fall Ball registration have been set.
7. Signs for registration have been ordered.
8. Signs for the new sponsors brought in by the 9/10s have been ordered.
9. Signs will be placed around ZIP Code 23321 telling everyone about Fall Ball.
10. A newsletter will be written and sent to every WBLL family.
11. Registration will be held.
12. Weed Killer will be used to treat the grass that has grown on the infields.
13. Equipment will be prepped for the start of the season.
14. We will search for board members. ***WE NEED YOU.*** Please email us through our WBLL.org web site if you want to help out and join the board, or if you do not want to commit to the board would like to head up a one time project or committee.
15. Many one time projects will be completed. These projects are things one or more person thinks would help the facility or the girls and gets funding or just approval from the board to do it. (I don't think anyone has ever been turned down.)
16. Organize the pansy/flower sale for fall.

FIELD DAY -

SATURDAY, 27 AUGUST, 9 A.M.

On Saturday, 27 August WBLL will have a Field Day. **All WBLL families are asked to come and help out.**

The members of the WBLL family are responsible for preparing and keeping the fields up as part of the agreement to use the fields. This work is not done by the City or the Schools. Want a nice safe playing field for your daughter? Come on out and help for as long as you can, 1 hour or 5 hours, it all is valuable. The grass won't get cut. The fields won't be softened. The fence won't be repaired. The equipment won't be repaired, cleaned and prepped. And the holes in the outfield won't be filled, and so many other things will not be done without your help.

Please come out starting at 9 a.m. and help as long as you can. We are interested if anyone has tillers we can use and avoid a rental fee.

Questions? Call Woody McLeod or Chuck Anderson.

**FOR YOUR
CALENDAR:
Annual WBLL
Membership
Meeting is
Sunday,
September 25th**

WHY SHOULD YOUR DAUGHTER PARTICIPATE IN SPORTS???

These are just a few ways girls benefit by participating in sports ...

Girls who participate in sports have higher self-esteem and pride in themselves.

Research suggests that girls who participate in sports are more likely to experience academic success and graduate from high school than those who do not play sports.

Sports are where girls can learn goal-setting, strategic thinking and the pursuit of excellence in performance and other achievement-oriented behaviors, critical skills necessary for success in the workplace.

Teenage female athletes are less than half as likely to get pregnant than non-athletes (5 percent and 11 percent respectively).

Physical activity appears to decrease the initiation of cigarette smoking in adolescent girls.

Research suggests that physical activity is an effective tool for reducing the symptoms of stress and depression among girls.

Playing sports teaches math skills and help girls develop leadership skills.

Playing sports teaches girls how to take risks and be aggressive.

Girls and women who play sports have a more positive body image than girls and women who don't participate.

Sports teach girls team-work.

Regular physical activity in adolescence can reduce girls' risk for obesity.

Teenage female athletes are more likely to report that they had never had sexual intercourse than non-athletes (54% and 41%).

Sports participation may help prevent osteoporosis.

Women who exercise report being happier than those who do not exercise.

Women who are active in sports and recreational activities as girls feel greater confidence in their physical and social selves than those who were sedentary as kids.

Recreational physical activity may decrease a woman's chance of developing breast cancer.

Statistics Compiled by the Women's Sports Foundation

Source: <http://www.girlsnsports.com/benefits.html>

Check out this web site for more info...

<http://www.womenssportsfoundation.org/cgi-bin/iowa/issues/body/index.html>

WBLL PANSY SALE

The Annual Fall WBLL Pansy Sale WILL go on this year. So, please save your pansy orders for WBLL. More info will follow. Questions? Want to help? Contact Deb Anderson at casadecdcl@cox.net or contact her at 483-0234.



Board Members Needed!

In September the new board will be elected by YOU the members. Take part in the election, but also consider joining the board. Contact a board member or email us through the web site if you are interested or want more information.